**Mayville State University Women’s Basketball Trademarks**

**2020-2021**

1. **COMETS FIRST**

Unselfish Trustworthy

WE before me Where can I help????

Love for each other Sacrifice for the welfare of the Department

See the need, fill the need

Discipline Accept your role, fill your role

2. **SERVANTHOOD**

Serve others Maximize your gifts and use them to serve others

Courteous/Polite/Respect Thank You Notes

NBA (Next Best Action) Help custodians, pick up trash

Sportsmanship Respect the game, opponents, facilities and officials

3. **COMMUNICATION**

Effective Communication Hardest working team on our schedule

Thank You Notes Get over being cool

We earn everything we get We deserve to win

Stay the course, perseverance Build your house on solid ground

4. **FUNDAMENTALS**

Defense Offense

Transition and Talk Sureness

Stance, Vision, Position, Talk Triple Threat – Rim, Post, Action

Ball Pressure Doleac

On and Up the line Ball handling

Closeouts Feeding the post

High Hands Cut and Space

Shot pressure Drive and Space

BOPCRO Get it up, get it straight, follow through

5. **STUDENTS/TEACHERS OF THE GAME**

Students of the game, students of life Teachers of the game

Notebooks Camps

Active and teaching bench Players teach players (vets teach rookies)

Take time to examine and reflect What can I learn from this experience/situation?

6. **COMMUNICATION**

Positive and Encouraging Enthusiasm

Control the rudder that steers the ship Posts demand the ball

Echo yells Our system of talk

With professors/Grade checks Sign-in sheet

7. **CONSTANT IMPROVEMENT**

Sense of urgency Growth

Buy in Attention to detail

Discipline We warm up with a purpose

Desire to improve Desire to succeed

Definition of Success Kaizen

