**Comet Shooting**

**20 Minutes to:**

* Make 20 Mikans
* Around the world (ball can’t hit the floor on a miss, start over if it does)
	+ Block, mid post, elbow, FT, elbow, mid post, block
* Make 20 X lay ups
* Around the world (same)
* Make 5 in a row from the elbow
* Rest of the time to shoot 3s

**Post**

* Make 20 Mikans
* Around the world
* Make 20 2 ball pick-ups
* Around the world
* Make 5 in a row from the elbow
* Make 20 Mikans
* Make 20 reverse Mikans
* Make 20 power Mikans
* Rest of the time to shoot 10-15 ft jumpers